

ผลการศึกษาครั้งนี้ชี้ให้เห็นว่าชาวเขาอำเภอบ้านโฮ่ง จังหวัดลำพูนมีภาวะซึมเศร้าที่
จำเป็นต้องได้รับการช่วยเหลือ โดยบุคลากรสุขภาพควรใส่ใจ



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Independent Study Title	Depression and Factors Related to Depression Among Hill Tribe People, Ban Hong District, Lamphun Province	
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ABSTRACT

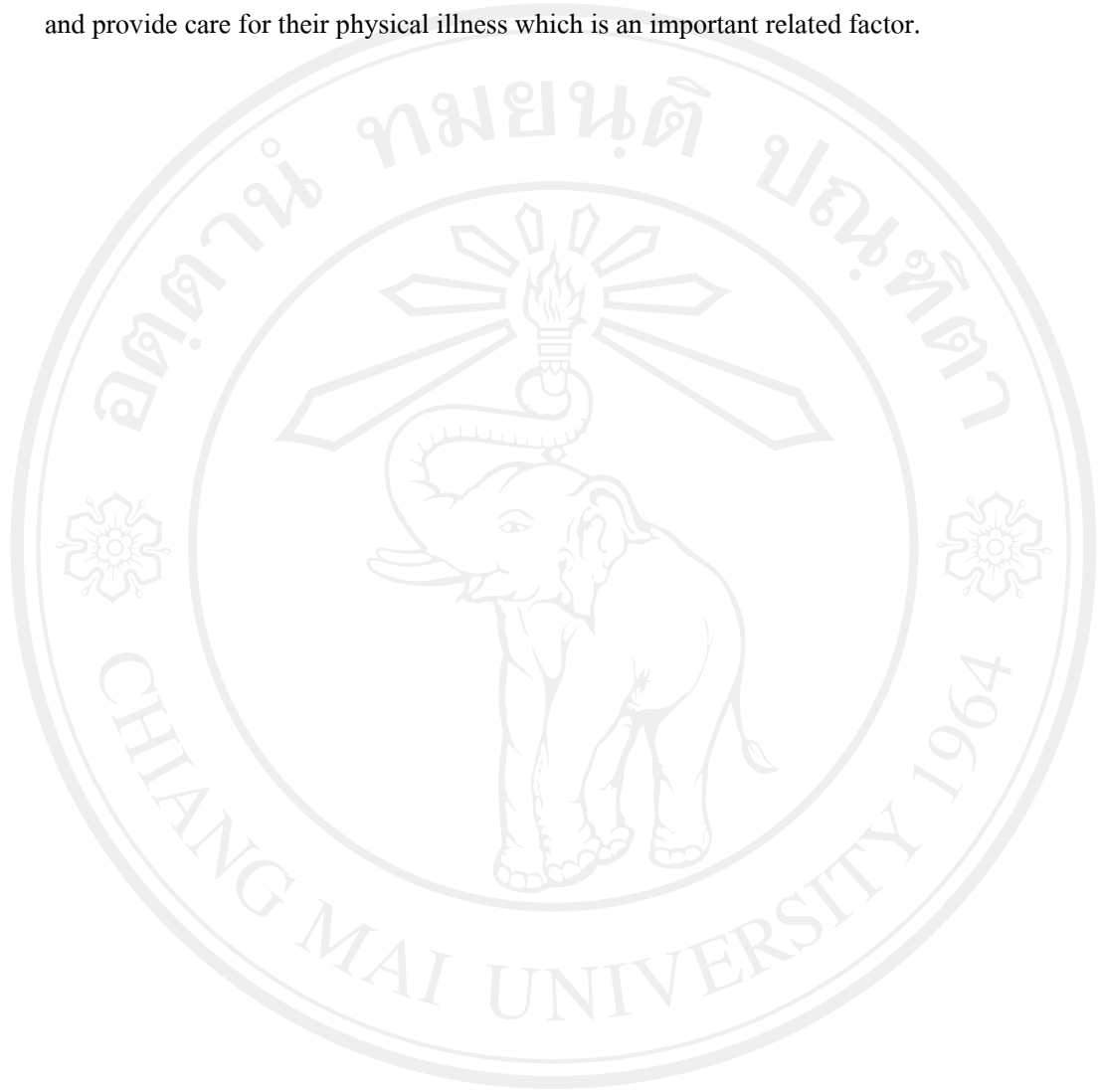
Depression is a mental health and psychiatry problem which is increasing continuously. This condition affects physical, mental, emotional, and social aspects of a persons' life and may be related to various factors. This descriptive study aimed to examine depression and factors related to depression among hill tribe people, Ban Hong district, Lamphun province. The study sample included 322 Karen residing in Ban Hong district, Lamphun province. Data were collected during July-August, 2010. Research instruments consisted of 1) Personal Data Form and 2) The Beck Depression Inventory (BDI-1A). The Cronbach alpha coefficient of the BDI-1A was 0.99. Data were analyzed by descriptive statistics and Chi-square test.

The results revealed that:

1. The depression rate among hill tribe people, Ban Hong district, Lamphun province was 19.56%, which included 15.21% with mild, 4.03% with moderate, and 0.31% with severe levels of depression.

2. Factors related to depression among hill tribe people, Ban Hong district, Lamphun province included gender, age, educational level, income, and physical illness. Marital status and family characteristics were not associated with depression.

The results of this study indicate that hill tribe people, Ban Hong district, Lamphun province had depression and needed intervention. Health care providers should pay attention on and provide care for their physical illness which is an important related factor.



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